

# Camp Eagle Summer Camp

## *Items to Bring*

### SLEEPING BAG/BLANKETS/PILLOW

You will be sleeping in heated/air conditioned rooms, but you will need bed coverings

### CLOTHES

*T-shirts* –make sure you bring shirts that you won't have problems getting dirty  
Please use discretion when choosing shirts to bring; spaghetti straps, tank tops, mesh, etc.

Everyone will need shirts that have sleeves for various activities

*Long pants* – For the chance that there is a chilly evening

*Shorts* – make sure you bring several pairs, a couple that you are not worried about getting dirty

*Please use discretion when choosing what types of shorts to bring*

*Underwear*

*Socks, enough for 6 days*

*Rainwear* – Parka or poncho

*Sun Hat* – Protecting your face, neck, and head from the sun is important.

*Bandana*

*Swimsuit* – A must even if you can't swim! More than 1 is advisable. Please use Christian Discretion

*Sturdy Sneakers / Boots* – The area is rocky, so high-top boots are preferable.

*Water shoes/sandals*

*Jacket*

### WATER BOTTLES

### TOILETRIES

Toothbrush, toothpaste, shampoo, soap, towel, etc.

### TOWELS

### FLASHLIGHT WITH EXTRA BATTERIES

### SUNGLASSES

### SUNSCREEN, CHAP STICK, AND BUG REPELLANT

### BIBLE & NOTEPAD W/ PEN

### MEDICATIONS

*All Dr. prescribed medications must come in the prescription bottle with directions*



### Optional

Camera/film/batteries

Daypack or fanny pack

### What Not To Bring

Radio's - CD Players

Electronic devices

Two way radios

Knives or any other types of weapons